

Tuesday, September 1st , 2020 Anamizu Junior high school

## "Making effort adds to our success. Helping each other multiplies it."

Making effort is to add things one by one. You will not lose what you have earned. As we say, genius is 1 percent inspiration and 99 percent perspiration. Anyone who is genius or is successful made strenuous efforts for it. If you do 2 things for 3 days, it will be 2+2+2=6.

What about cooperation? For example, 3 people start doing 2 things will be  $2 \times 2 \times 2 = 8$ . If it were 4, it would  $2 \times 2 \times 2 \times 2 = 16$ . If everyone cooperates, it will be a result that no one can achieve. In other words, if we even lack one person, it would mean that the equation will turn out to be  $2 \times 2 \times 0 = 0$ . The origin of the word "cooperation" comes from the Latin prefix co (with) and opus(work). Therefore, cooperation literally mean "work together".

You will get better if you keep making effort on studying or on sports. Of course, you will come up against a brick wall so it would not be so simple, but it is evident that it will be your own strength if you continue working. You have to work hard toward your dreams and goals, otherwise nothing will change. This goes to all the 3rd graders as well. For your entrance test, every day is what matters.

In order to cooperate, we need teammates or classmates. Let's take a look at Pyeong Chang Olympics gold medal winner for the Japan's woman team pursuit. In this ice-skating race, 3 people will line up in a row as a team replacing the front skater. They would skate 6 times around the 400-meter track and compete its time. They would line up in a row so that they would have less air resistance and save the teammate's energy so that the last person who would skate at the front can skate with the maximum speed. In the finals, all the other skaters beside Miho Takagi were all slower than all the Dutch skaters but because of the extremely disciplined formation, they were able to minimize the air resistance and the loss of time. Synchronizing the rhythm, steps and the team spirit itself to compensate the lack of individual abilities. They had built the team by living under the same roof. "we spent longer time for the pursuit than any other countries." As a result, they skated faster than the teams that were lot faster individually. If we cooperate, it is more than adding each person's strength. It is also evident that, if one person does not cooperate, it would ruin the whole thing.

Sports day practice has started and the cheering practice will start. You are required to cooperate as a team and compete together. This day is all up to you. "It is very cool to see you working hard toward your goal." Only the contestants can feel the real achievement or excitement. I hope all students show their best performance.

Principal Takada Katsuhiro

#### (September)

9/2 (W) PTA executive committee 4 (F) Sports day practice

5 (Sa) Sports day 7 (M) Compensatory day off

8 (Tu)  $\sim 1$  1 (F) Good manner campaign

9 (W) Student council election public notice

Oku-Noto freshman tournament send-off ceremony

- 1 2 (Sa) 1 3 (S) Oku-Noto freshman tournament
- 1 7 (Th) student council candidate speech/ 3rd grade high school guidance
- 18 (F) spelling contest
- 2 3 (W) trainee teacher · Supervisor visit B/ No club
- 2 4 (Th) Staff meeting/ No club
- 2 5 (F) First period student council committee
- 2 7 (Su) Evacuation drill (\*\*school day · All student participate) (No need for lunch. There will be an emergency food handed out)
- 28 (M) Compensatory day off
- 30 (W) 2<sup>nd</sup> grade career day
- \*There is no English speech contest this year
- <u>X2nd grade school trip will be held in the spring of3rd grade</u>

### (October)

- 1 0/1 (Th) 2<sup>nd</sup> period student council committee
  - 2 (F) Eiken
  - (M) Class discussion (for student council plan) Math calculation test
  - 6 (T) School festival activity starts
  - 7 (W) · 8 (Th) Midterm exam
  - 9 (F) a swearing in ceremony Student council general meeting
  - 1 2 (M) School festival stage set up
  - 2 1 (W) 2<sup>nd</sup> and 3<sup>rd</sup> grade chorus rehearsal
  - 2 2 (Th) school festival rehearsal
  - 2 3 (F) School festival
- (It has been changed from 24th. To follow the social distancing rule, we would like to limit the number of people who can enter.
- <u>XAll Noto freshman club tournament is all cancelled.</u>

# Show your Anachu Spirit!! Pass on the baton!!

Sports day will be held on September 5<sup>th</sup> at our school ground. Team flags were created with student's effort and originality and they are waiting for their turn at our school library lounge. Despite our short summer vacation, students prepared well for the cheering competition with the leadership of 3<sup>rd</sup> graders. This year, we had to limit the audience to maximum of 2 people per family. We will show our power to the town so that corona will go away!!













## Thank you for the generous support to prevent heatstroke and corona virus

This year has been extremely hot all over Japan. We are worried about the upcoming sports day for heatstroke but the town's board of education purchased 2 "mist spraying fans" to all schools for heatstroke prevention. We would like to utilize it not only for the sports day but for all club activities as well. Also, the town has lent us few tarp tents (simple portable tents). They will be used to make shades for students and parents to prevent heatstroke. Thank you for your strong support.





We were also given a thermal AI system and a computer monitor which can detect any one who has a high fever. It has been placed with the starting of our new semester and is presently located at the entrance of our school to check student's physical conditions in addition to the health check—up sheet. Though you are still required to check your body temperature and same as before, if you feel that you have a cold or high fever, you are to stay home. Therefore, please continue taking your temperature at home (taking body temperature from the armpit is recommended) and turn in the health checkup sheet.

### Notice and a favor for school festival

As to the school festival held on October  $23^{rd}$ , we would like to ask for understanding on two points. One is that we hold a "number restrictions" to the

visitors. Second is the schedule change.

On sports day, in order to keep social distancing, we restricted number of visitors. School festival is different to sports day in a sense that it is held inside the building, class and school halls it is difficult to keep the social distance to prevent the risk of contamination. It is required to keep the distance between students since there are many indoor vocal activities such as group chorus, brass band performance and the school play. (according to Japan chorus federation, you are to maintain 2m of distance between singers when singing) It will be extremely difficult to a secure all 164 student's seats in addition to the visitor's. School festival will be on the local cable channel. It will be the last school festival for the 3<sup>rd</sup> graders but we would like limit the visitors to 1 person per family in the afternoon only (gym only). Thank you for your understanding. Moreover, we have rescheduled the date from 24<sup>th</sup>(Saturday) to 23<sup>rd</sup> (Friday) due to the shortened time and limited events. Also, depending on the situation, the festival itself may be cancelled. Again, we appreciate your and cooperation.

(In our prefecture, half of the schools are still undecided, and half are cancelled or will hold it with no audience.)