



We're halfway through the first semester!!

Now that the Oku-Noto Tournament and mid-term exams have finished, we have passed the halfway point of the first semester. The 1st year students have gotten used to life at the junior high school and are gradually adjusting their daily routines. The 2nd and 3rd year students have been studying hard for the tests and doing their best in the tournaments.

Now, we have less than halfway to go until the end of 1st semester. Competitions and contests, which are the culmination of club activities, are about to begin. You may feel a little anxious as the competitions approach, or you may be in low spirits during this humid season. I would like to recommend some words which might help you at such times. (These words were written in a book which was recommended to me by an acquaintance.)

To the 1st year students who have gotten used to the junior high school but sometimes still feel the hardships of studying and club activities

First sip is always the hottest when eating soup ~Irish proverb~

The first sip of soup may burn your tongue, but after you let it cool down or take a moment, you will be able to taste it and enjoy it. In the same way, it may be difficult to get used to working or studying for the first time and it may be tough. However, if you persevere and work hard, you will eventually get the hang of it, learn how to do it efficiently, and enjoy it more.

To the 2nd year students who sometimes wonder if they have the ability to overcome various obstacles as upclassmen

Important thing is not overcoming difficulties but facing them

~Ai Tominaga (fashion model) ~

If you don't understand something, you can look for the answer on your smartphone. But Ai Tominaga says that it is meaningful to physically feel the hardship. The answers you get from trying will give you confidence, satisfaction, and maturity. Even if you suffer from it, the hardship will give you a wonderful answer.

To the 3rd year students who sometimes feel pressure before competitions

Whatever the case may be, you should think about the necessity of putting pressure on yourself. Why don't you all think about it?

~ Hitoshi Matsumoto (comedian) ~

These words of Mr. Matsumoto are followed by the words, "(Pressure) is perhaps a gift from heaven that brings out the best of what is inside you. When we face pressure, rather than run from it, we are able to focus and we gain the wisdom and strength to break through difficulties.

(366 Words to become independent from 13 years old) (Yoji Yamaguchi Editorial supervision PHP research publication)

Our June and July class target

Less teacher talk+ Value students' whispers such as "Why?" or "That's why!" to make it a deep co-learning class

Principal Koshun Hirozawa

June events



- 1 (W) Evacuation drill /Midterm exam
- 2 (Th) School fees withdrawal / Midterm exam
- 9(Th) All Noto motivation rally dental checkup (2nd and 3-1)
- 16 (Th) dental checkup(1st and 3-2) Urine test #1
- 10 (F) NO TV DAY
- 12 (Su) All Noto tournament (basketball)
- 18,19 (Sa,Su) All Noto tournament
- 20 (M) replacement holiday
- 21 (Tu) health assessment
- 25,26 (Sa,Su) Prefectural T&F tournament (Seibu)
- 30(Th) Urine test #2

July events



- 4 (M) School fees withdrawal
- 6, 7 (W,Th) Final Exam
- 8 (F) Kanji-kentei
- 9, 10 (Sa,Su) T&F Tsushin tournament
- 11 (M) NO TV DAY
- Open school day
- 16, 17, 18 (Sa,Su,M) Prefectural tournament
- 22 (F) End of semester ceremony
- 25,26(M,Tu) Parent-teacher meeting (handing out report cards)**
- Report card day has been changed**

Noh performance day May 11th



A Noh/Kyogen performance was held at the Fureai Bunka Center. Noh and Kyogen are traditional musical drama that have been performed since the Muromachi period (1333-1573) and it was our first time to see the actual play. It was an enriching opportunity for them to experience the real Japanese instruments and dance.



Oku-Noto Tournament May 7, 8, 14, 15

Club tournaments have started with our new first-year students joining. Although very few schools participated, it was still an official tournament which is important for all students. This month is the All-Noto block tournament, where the third-year students will retire if they finish. I hope everyone will do their best.



All-Noto Track and Field tournament May 20th

After last year's rain, this year the All Noto Track and Field Meet was held under clear skies at the Nanao Shiroyama Ground. The track and field team competed in the event, winning two championships and many prizes, and will advance to the prefectural track and field event at the end of this month. More leaps and bounds!

back to back

~All-Noto track and field tournament awards~

Girls 4×100m Relay 1st ()

Girls long jump 1st Girls 100m 7th place

Girls 200m 2nd place Girls 100m 3rd place

Girls 200m 3rd place 1st 2nd grade 100m 3rd place

Girls 800m 3rd place

1st 2nd grade long jump 4th place 1st 2nd 100m 7th place

400m 2nd place

Boys 3000m 8th place

~Oku-Noto tournament results~

Baseball: vs Matsunami & Ogi lose

Boys basketball: league match lose

Girls basketball: league match lose

Boys Kendo: Team 2nd place

Individual 2nd place

3rd place

Girls Kendo: Team 1st place

Individual 1st place

2nd place

3rd place

3rd place

Boys Table tennis: Team 1st place

Individual 1st place

2nd place

3rd place

3rd place

Girls Table tennis: Team 1st place

Individual 1st place

2nd place

3rd place

Boys soft tennis: Team 3rd place

Girls soft tennis: Team 2nd place

Individual (pair) 3rd place

Google Jamboard Active in class

May 24th <Open Research class>



The use of tablet devices (also known as Chromebooks) has expanded considerably.

One of the most popular features is the "Jam Board" function, which is used for collaborative learning in class. For example, when you fill in a sticky note on the screen, it will be added to another student's whiteboard. In the open research class during the visit of the supervisors, this tool was used to share opinions with each other in the art class, the music class and in the social studies class.



Election of PTA Grade committee/Expert committee

May 13th

PTA Grade Committee /Expert Committee/Board of Directors

Thank you for attending and selecting the PTA committee members. We were able to decide our yearly activity schedule together. Since it was a brief meeting, we would like to discuss the details of these activities on another day. Thank you for your cooperation.

1st grade chairperson

Education & PR chairperson

2nd grade chairperson

Culture & P.E. chairperson

3rd grade chairperson

School lunch & student guidance chairperson

