



## My Junior high and High school days as a sports player

The preliminary rounds for the club prefectural competitions have ended. I could see every player's determination and fixation on the goal, and the image of each and every one of you out there shone brightly. As I cheered you on, I was swamped with memories of my school days.

I was in the volleyball team, but I was the only one from my year. Although, I received support from my upper- and lowerclassmen, it was lonely to not have anyone in the same year to discuss tactics. When our team lost during the preliminary rounds in my 3<sup>rd</sup> year, I tried so hard to find the reason. It is common for humans to tend to blame others when things don't go their way. To myself in the past, I would like to say:

**"Bloom where you are now."** You are where you are at this point of time because there is something for you to learn from it. That's why, you shouldn't try to run away, but try your best to bloom at where you are now. ~Kazuko Watanabe (A catholic nun)



Then, I got into high school. Once again, I joined the volleyball team, and once again I was the only one from my year. However, this time, most of the practices were co-ed, and I wasn't as lonely. I didn't realise then, but I was frequently helped by the female players. To myself in that point of time, I would like to say:

**"I am sure that if no one helps me, I can't survive."** No matter how hard one person tries, it is impossible to accomplish something monumental. Any dream can become a reality when everyone in a team comes together and plays to each of their strengths. Know that humans live by gaining help from others. ~ONE PIECE



Someday I would like to thank those people that helped me.

Lastly, back to my story. Before the last competition during high school, I went through a rigorous practice regime and was in a good condition. However, ... we lost. The loss hit me hard, and it was difficult for me to stand back up. To that me, I would like to say:

**"Sometimes losing may become a great fortune later."** Not having experienced a setback is a scary thing. Not everything goes smoothly in life. It is better to have experienced a setback earlier in life, and from there gain life experiences. ~SLAM DUNK



From the end of June to the beginning of July, there are various important competitions and concerts. All that you'll experience will bring great fortune to you later on in life. Good luck to you all.

(366 Words to become independent from 13 years old) (Yoji Yamaguchi Editorial supervision PHP research publication)

Principal Koshun Hirozawa

## July Events

- 4 (Mon) Tuition payment due date
- 6, 7 (Wed, Thurs) Semester tests
- 8 (Fri) Kanji proficiency test
- 9, 10 (Sat, Sun) Tsushin Tournament
- 11 (Mon) NO TV DAY
- School Open Day
- PTA meeting
- 16, 17, 18 (Sat, Sun, Mon) Prefectural Tournament
- 22 (Fri) Closing ceremony
- 25, 26 (Mon, Tues) Parent teacher meeting**  
**(distribution of report cards)**
- 27, 28 (Wed, Thurs) Workplace Experience (2<sup>nd</sup>)



## August Events

- 2 (Tues) Tuition payment due date
- 4 (Thurs) school day
- 10 (Wed) ~ 16 (Tues) Refresh Week  
School Closed
- 21 (Sun) School cleanup day (backup 28<sup>th</sup>, Sun)
- 24 (Wed) ~ 31 (Wed) Sports Festival Practice Week  
Extra Classes
- September 1 (Thurs) 2<sup>nd</sup> Semester Opening Ceremony, Sports Festival rehearsal**
- 2 (Fri) Sports Festival preparation day
- 3 (Sat) Sports Festival < School Day >  
(backup 4<sup>th</sup>, Sun)
- 5 (Mon) Off Day
- 7, 8 (Wed, Thurs) Achievement test (1<sup>st</sup>, 2<sup>nd</sup>)  
Academic ability test (3<sup>rd</sup>)

## Let's get close to nature; botanical plant observation meeting 06/02-03 (Thurs. Fri)

As part of the student's heritage learning curriculum, we invited Satoru Ikegami and Akiko Kado from the Anamizu Town Donguri Club to hold a botanical plant observation meeting. The beautiful flora and fauna of Noto are even more evident during this season. As the students walked on the forest path, they were greeted with Japanese lilies that have just bloomed. It was an observation meeting that encompasses sight, hearing, and touch.

As the lecturers talked about the plants, the students took notes on their Chromebooks and documented the experience with pictures. With that data, they worked hard on writing reports when they got back to school.



## 'Let's Challenge!' the coming All-Noto Tournament 06/12, 18-19 (Sun. Sat. Sun)

### ~Results from All Noto tournaments~

Baseball : vs Midorigaoka Lose 1-8  
Boys basketball : vs Hakui Lose 52-55  
Girls basketball : vs Naka-Noto Lose 24-88

### Congratulations!!

(students below will be competing in prefectural tournament)

Boys kendo : Group 3 <sup>rd</sup> place		
Individual top 16		
Girls kendo : Group 3 <sup>rd</sup> place		
Individual top 16		
top 16		
top 16		
Boys table tennis : Group 3 <sup>rd</sup> place		
Individual top 16		
top 16		
Girls table tennis : Group 1 <sup>st</sup> place		
Individual 3 <sup>rd</sup> place		
6 <sup>th</sup> place		
top 16		
top 16		
Boys soft tennis : Group 9 <sup>th</sup> place		pair
Individual top 5		
Girls soft tennis : Group 3 <sup>rd</sup>		
Individual top 5		pair
top 24		pair
		pair



This year we decided to not have a cheer team, but instead had a pep rally before the tournament. As the students thought about the effort the 3<sup>rd</sup> years had put in, they cheered them on with an enthusiastic recital, and lastly everyone joined in the school song. Our women table tennis team were the winners for the All-Noto Tournament, with 6 teams and 8 pairs, it was a fantastic result. Although there were teams that lose as well, I heard that each player fought passionately. What matters most is not winning or losing, but the experience you've gained. To all the retiring 3<sup>rd</sup> years, you've done great, and to all those proceeding to the prefectural tournaments, good luck!



## To the flower beds 06/22 (Wed)



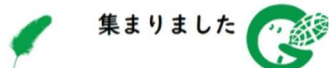
We can see the growth of the plants we planted from two years ago and from last year. The apple, pear, grape, citrus, fig, cherry, peach, etc., trees have started bearing flowers, and day by day we see the process of its bloom. The plants given by the previous principal, Katsuhiro Takeda, have been moved from their pots to the flower beds at the entrance and by the gym. We look forward to the continued growth of these plants.



緑の募金 (5/9~5/13)

20,450 円

集まりました



ご協力ありがとうございました!

## \* School Open Day \*

07/11 (Mon)

Delayed from April, it's a chance to see your child's class!

Do come and join us!

Thank you to the Anamizu Town Social Welfare Council for providing sanitary products. There are placed in the female toilets.