



We cannot see one's thoughts, but we can see one's thoughtfulness

The first semester is coming to an end in about 10 days. How was your semester?

When we enter our school, you must have seen the message board on the way. Have you read the words on a poster there?

We cannot see one's heart, but we can see one's kindness

We cannot see one's thoughts, but we can see one's thoughtfulness

Let's put shapes to those feelings...

This is a phrase from the poem "the meaning of the act" by a poet Shoji Miyazawa.

Let me introduce the original poem below.

When people ask me what shape your <heart> is, I have no way to answer

Neither you nor others can see your <heart>, but is it really invisible?

It is true that no one can see your <heart >, but they can see your <kindness >

It is a positive act toward others, so in the same way we cannot see the <feelings> in our hearts But we can see the <compassion> in our hearts, it manifests as positive acts toward others

When a warm heart becomes a warm act, and a kind thought becomes a kind act

Both <heart> and <thoughts> live beautifully for the first time, and that is when a person lives as a human being.



greeting campaign

I know there is warm and pure compassion in your hearts, but it is not always visible. However, a single word can be all that is needed to reveal the warmth of your heart. For those who are not good at expressing themselves verbally, even a smile can convey compassion. Gently lending a hand or silently being there for them. It is a small act, but it is a way to show your thoughtfulness.

Since the earthquake in January, we have been supported by the kindness and compassion of many people. Now it is our turn to return those kindnesses little by little. However, it is difficult to give back to those who have helped us, isn't it? Here is a suggestion. Why don't we start by taking action with those closest to us? To your family, your friends, and to your community.



1st grade name plate making

If you want to take action while you are in school and during your summer vacation, it will be a great help for our town. All students are discussing the question of how to restore and recover the town during our comprehensive learning time.

I believe that your small actions can be a great help to the town.

Principal Koshun Hirozawa

~All Noto tournament/prefectural sumo tournament/Prefectural track and field tournament~

In the All Noto tournament and the prefectural junior high school sumo tournament, prefectural track and field tournament, the students achieved brilliant results. The following is a report on the results of each competition.

Soft tennis (Girls group)	1st place	
(Girls individual)	3rd place	(qualified to the prefectural tournament)
Soft tennis (Boys group)	(qualified to the prefectural tournament)	
(Boys individual)	(qualified to the prefectural tournament)	
Table tennis (Girls group)	1st place	
(Girls individual)	1st place	3rd place
	(qualified to the prefectural tournament)	
Table tennis (Boys individual)	1st place	(qualified to the prefectural tournament)
Kendo (Boys group)	(qualified to the prefectural tournament)	
(Boys individual)	(qualified to the prefectural tournament)	
Prefectural JH sumo tournament	Light weight 1st place	
Prefectural track and field tournament	1st/2nd grade long jump 2nd place	

Thank you Nicholas

Nicholas, who has been with us for two years, will be transferring to a school in Nomi City this August. Thank you for all the fun English classes !!

Dear Anachu,

Thank you for 2 special years! Anamizu is a beautiful town with kind and strong people. I am so proud to have been your ALT. Each of you have come so far in the short time we've known each other. I hope you all grow to be members of the international community and share Noto's unique culture with many people!



Sincerely,
Nicholas

July

9(Tu) Emergency drill (earthquake)
 10(W) Open school day Pure kids school (1st grade)
 13(Sa) Tsushin track and field tournament
 Prefectural tournament (soft tennis, sumo)
 14(Su) Tsushin track and field tournament,
 Prefectural tournament (soft tennis, kendo)
 15(M) Prefectural tournament (kendo)
 20(Sa) 21 (Su) prefectural tournament (table tennis)
 22(M) student council, closing ceremony, handing out report cards
 23(Tu) Handing out report cards
 27(Sa) Brass band miniconcert

August

6(Tu) School day
 22 (Th) Cheering preparation (3rd)
 25 (Sun) PTA volunteering day
 26 (M) ~30 (F) extra study hour / cheer practice (all grades)

Integrated Learning Time

~Toward the Restoration and Reconstruction of Anamizu Town~

Using "Integrated Learning Time," each grade level is developing a project to encourage town's recovery and reconstruction.

The third graders are collecting ideas for reconstruction and will present them to the town at the student council meeting in fall. Recently, we invited eight people to a roundtable discussion, including an official from the town's recovery and reconstruction office, an operator of the Noto Railway, and a construction worker involved in the restoration work.

The second-year students also visited and interviewed Noto Wine, Noto Railway, Kakihama, and Showa Construction to make a documentary video of the town's contractors struggling for restoration and recovery. The video is scheduled to be shown at the School Festival in October.

In the future, first-year students will research and learn about the characteristics and the features of the shopping district and the thoughts of the people working there toward reconstruction.

September

2 (M) Starting ceremony
 5 (Th) 6 (F) proficiency test (1st 2nd grade)
 achievement test (3rd grade)
 7 (Sa) 8(Su) Oku-Noto freshman tournament
 11 (W) latter period student council election
 19 (Th) Sports day practice
 21 (Sa) Sports day 22 (Su) Spare day
 24 (Tu) No school day
 28 (Sa) 29 (Su) All Noto freshman tournament
 (basketball)

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Anamizu JHS

