

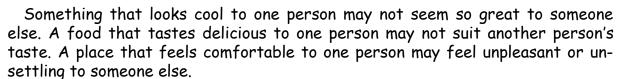


Tuesday, December 2nd ,2025

Anamizu Junior highschool

# Let's think about "Human Rights"

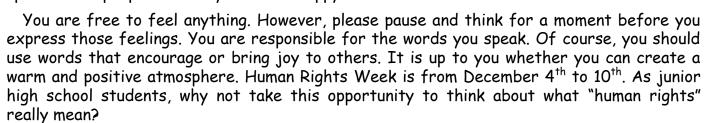
"Jason doesn't like fish, while the principal loves it" " Our principal isn't very good at long distance running, but Mr.Higashino is good at it." In this way, every person has different characteristics. We call these "indivisuality.





These kinds of "feeling" also differ from person to person. They may change as we grow, but ultimately, they are not something we can control. It is completely natural for people to be different from one another. However, people tend to hate these "differences". We often say "That's not normal," "It's different from everyone else," or "That's not what I like." The important part is that it's natural for people to be different. The way you interact with these different people will reveal how mature and broad-minded you are . You can think whatever you like, but you should not say or show it in your behavior. You need to think carefully before saying or taking actions.

Please imagine. Do you want to be around someone who is quick to anger or frustration or a kind person who treats everyone nicely? For example, let's say you are divided into teams in P.E., and you end up in a same group with someone you feel uncomfortable with. If you say, "oh no we're gonna lose because of him.", it can hurt this person's feelings. However, if you say "Let's do it as a team" or "I'll support you", these words would improve the team atmosphere. People who treat others with positive words and attitudes naturally earn respect. Such people are likely to lead a happy life.



School principal Koshun Hirozawa

#### December

3 (W) Regional academic test(3rd gr)
parent-student -teacher meeting(3rd gr)

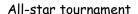
4(Thu) 5(F) parent-student-teacher meeting(3rd gr)

7 (Su) Oku-Noto Ensemble Contest

11 (Thu) Anachu-time

19 (F) Drug abuse prevention class(3rd gr)

20 (Sa) Ishikawa JHS Table tennis



24 (W) Closing ceremony, Student assembly, Handing out report cards

25 (Thu) Handing out report cards



### January

8 (Th) Opening ceremony, Kakizome

13 (Tu) 14 (W) Regional test(3rd)

20 (Tu) Open School Day

23 (F) Eiken test

24 (Sa) Oku-Noto Joint wind Ensemble practice (at Wajima JHS)

27 (Tu) Student council committee meeting

29 (Thu) Achievement test (1st,2nd grade)

30 (F) Private school entrance exam

Academic achievement test (1st,2nd grade)





### Promoting Regular Home Study ~ "+ONE Notebook"~

We have continuous issue on "not having enough home study". In recent years, many students have been spending increasing amount of time on games and social media, causing home study to be pushed aside.

The other day at the orientation, Mr.Sakashita introduced "+ONE Notebook". This is a way for students , in addition to their homework, find their own tasks and work on activities such as previewing and reviewing, or conducting independent research. (Learning activity in which students identify their own tasks and engage in them proactively )

We would appreciate your support at home in obtaining enough study time and reviewing smarphone usage, as well as encourageing and creating a effective learning environment. We hope that, through this "+ONE Notebook", students will develop their continuous home study habits.



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#### "Dream Class" – The Importance of Working Toward Your Dreams

"Dream Class" is a special lesson in which athletes who have excelled in various sports lecture as "Dream teachers". They share their own experiences of overcoming difficulties and pursuing their dreams, and convey the importance of having a dream and working hard toward it.

This time, we had the honor of welcoming Hisayoshi Sato, who won the bronze medal in the 400meter medley relay at the Beijing Olympics, to our school.

Mr. Sato spoke about the importance of continuing to make steady efforts and appreciating the people around us, reflecting on the deep frustration he felt for the first time in junior high school and on the period in high school when he once tried to run away from the grueling training.

He encouraged the students by saying that "a tough period is simply a sign that you are in the middle of a big transformation, so have the courage to take a step forward. His message became a valuable inspiration for the second-year students

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を求めた。

オークラリーで健康 石垣陽詩さんは「ウ



### Anamizu Town Junior High Student Council — "The Town I Want to Live in 10 Years From Now"

The "Junior High Student Council Meeting," held on Thursday, November 20 with participation from the 3rd grade students, was featured in the Mainichi News Paper. Please take a look.

「祭りを通じて若者の力で町の魅力を発信したい」と 提言した生徒会長の中済莉央音さん。輪島市の仮設住 宅で祖父母と生活する

## 石川・穴水で中学生議会

ためらう姿を見た。 一浸水に買い物や通院 治体を参考に慎重に は「安全安心に過ぎ には道路整備が最優 シニアカーは他の

3年生15人が震災からの学びを「私が住みたい10年後 能登半島地震からの再生を考える「穴水町中学生議 石川県穴水町の町議会議場で開かれた。 吉村光輝町長らが、

# 学び生かし「住みたい10年後」

提案した。避難生活の 来づくり会議』 大きな体育館や居心地 する姿を全国の 校生で開きたい」 計画を議論する)『未 ボラ待ちやぐらな と話した。 と協力をお願 長は り」などの中学生なる りたい、支えられる る「生き方科」を学ぶ。 引き続き中学生に理 いう欠水町づくりに、 ではの意見も出た。 自然を満喫する町づく ャンプ場や釣り船など 登半島の入り口に食品 穴水中の廣澤孝俊校 町の魅力を発信す 「町の復興に携わ



3年間の学びの集大成と位置づけた議会終了後、 吉村光輝町長、佐藤豊町議長らと記念撮影する穴 水中3年生=いずれも石川県穴水町で

Tuesday, November 25, 2025 — The Mainichi Newspaper